

Checklist: leaving children home alone

Things to discuss with your child

- How does your child feel about staying at home alone?
- What will your child do if strangers come to the door?
- What will your child do if people she knows come to the door?
- What will your child do if the phone rings?
- What activities are allowed if your child is home alone? What activities are not allowed?
- How should your child contact you?
- Who should your child turn to for help and how (if your child can't contact you)?
- What is an emergency? What should your child do?

Areas in which your child needs more knowledge

Things to check in the house

- Smoke alarms
- Wiring and safety switch
- Window locks if on second storey
- Dangerous objects and medications hidden away
- Door locks working and easy to use
- Alarm (if applicable)
- Hot water temperature
- Spare keys
- First aid kit for small mishaps (not medication)

Rules for staying home alone

DO

- -
- -
- -
- -





DO NOT

- -
- -
- -
- -
- -

Our phone numbers

If you need help, and **it's an emergency** (like a fire or accident) you can go to _____'s house at _____.

If it is **not an emergency but you still need some help** you can ring:

